



Condobolin High School

Notification of an Assessment Task



Name and Type of Task: Practical – Sofcrosse

Subject: Year 9 PDHPE

Task Number: 1

Date Issued: Week 8, Term 1, 2024

Date Due: Week 11, Term 1, 2024

9A – Tuesday 19th March Period 4, 2024

9A- Wednesday 10th April Period 5, 2024

9B - Tuesday 19th March Period 1, 2024

9B – Tuesday 9th April Period 2, 2024

Total Marks: 20

Weighting: 40%

Class Teacher/s: Mrs Ridley, Miss Kingston

Head Teacher: Mr Tim Small

Submission Instructions – Students must be present in class on the date and period advised above, in order to participate in their practical lesson.

Task Context:

This term in class students have been participating in a variety of practical lessons, learning the skills required to participate in a game of Lacrosse.

In this assessment, you will have the opportunity to demonstrate your skills and understanding of Lacrosse.

Course Outcomes:

PD5-4 adapts and improvises movement skills to perform creative movement across a range of dynamic physical activity contexts

PD5-5 appraises and justifies choices of actions when solving complex movement challenges

PD5-11 refines and applies movement skills and concepts to compose and perform innovative movement sequences

Task Description:

In this task you will participate in Sofcrosse. You will be asked to;

- Perform a range of skills in a variety of contexts
- Make game based decisions and apply these decision throughout the game
- Demonstrate effective communication with team mates

Criteria for Assessing Learning:

You will be assessed on your ability to;

- Consistently catch standing still and moving
- Accurately throw to a target whilst standing and moving
- Consistently scoop the ball whilst standing and moving
- Demonstrate appropriate strategies and tactics in a variety of contexts
- Demonstrate appropriate defensive techniques in a variety of contexts

Key Verbs:

Demonstrate – show by example

Marking guidelines

Description	Marks
<ul style="list-style-type: none">• Expertly applies all skills across all game situations• Makes and applies appropriate decisions in all game situations• Effectively applies rules and conventions to all game situations• Communicates effectively with all team mates across all aspects of Sofcrosse	17-20
<ul style="list-style-type: none">• Competently applies all skills across most game situations• Makes and applies appropriate decisions in most game situations• Effectively applies rules and conventions to most game situations• Communicates effectively with team mates across most aspects of Sofcrosse	14-16
<ul style="list-style-type: none">• Accurately applies a range skills across game situations• Makes and applies some appropriate decisions in game situations• Applies rules and conventions to some game situations• Communicates with team mates across some aspects of Sofcrosse	10-13
<ul style="list-style-type: none">• Applies basic skills across game situations• Makes some appropriate decisions in game situations• Applies basic rules to game situations• Basic communication at times with team mates during Sofcrosse	5-9
<ul style="list-style-type: none">• Applies minimal skills across game situations• Makes minimal or poor decisions across game situations• Applies minimal rules and/or understanding of rules to game situations• Minimal communication with team mates during Sofcrosse	1-5