

Condobolin High School





Subject: Physical Activity and Sport Studies	Task Number: 1
Date Issued: Week 6 Miss Kingston's class – Friday 8th March period 5 Mr Bell-Borgs class – Thursday 7 th March period 2	Date Due: Week 8 Miss Kingston's class - Friday 22nd March period 5 Mr Bell-Borgs class – Thursday 21st March period 2
Total Marks: 20	Weighting: 30%
Class Teacher/s – Ebony Kingston, Jake Bell- Borg	Head Teacher: Timothy Small

Submission Instructions – This task must be submitted as a hard copy to your teacher.

Task Context:

This term in class you have been learning about the effects of technology on participation and performance in a variety of sporting contexts. In class, you have explored a range of technologies that are used for preparation, performance and officiating and how these increase participation in sport.

In this assessment you will have the opportunity to demonstrate how the use of technology can improve performance in sport.

Course Outcomes:

PASS5-6 evaluates the characteristics of participation and quality performance in physical activity and sport **PASS5-10** analyses and appraises information, opinions and observations to inform physical activity and sport decisions

Task Description:

Part A

You need to identify a specific skill performed by a chosen athlete and justify how this athlete demonstrates the characteristics of quality performance in that skill. You are required to include still images of the athlete's performance.

Part B

You are to record yourself performing the identified skill in part A. Using your recording you need to **compare** your skill performance to that of the professional athlete from part A. You are required to include still images of your performance and the athlete's performance in your comparison.

Coach view (a free app for phones) is the recommended technology to use for your recording.

Criteria for Assessing Learning:

You will be assessed on your ability to:

- √ Identify a specific skill in sport
- ✓ Justify characteristics of a quality performance
- ✓ Compare your own performance to an athlete

Key Verbs:

Identify: Recognise and name

Compare: Show how things are similar or different

Justify: Support an argument or conclusion

Marking Guidelines:

Description	Marks
 Student identifies a quality skill performance by a specific athlete Student supports their choice of a quality performance linking a wide range of characteristics 	9-10
 Student identifies a quality skill performance by a specific athlete Student supports their choice of a quality performance linking a range of characteristics 	7-8
 Student identifies a specific skill performed by a specific athlete Student supports their choice of a quality performance linking some characteristics 	4-6
 Student identifies a specific skill Student describes characteristics of a quality performance 	1-3

Description	
 Provides a wide range of still images to support their comparison Provides a wide range of similarities and differences between their own skill performance and an athlete with direct reference to still images 	9-10
 Provides a range of still images to support their comparison Provides a range of similarities and differences between their own skill performance and an athlete with reference to still images 	7-8
 Provides some still images to support their comparison Provides some similarities and/or differences between their own skill performance and an athlete with reference to still images 	4-6
 Provides limited still images Provides limited similarities or differences between their own skill performance and an athlete 	1-3