



Condobolin High School



Notification of an Assessment Task

Name and Type of Task: Topic Test

Subject: Year 8 PDHPE

Task Number: 1

Date Issued:

8PDHPEA - Tuesday, Week 8, Period 3

8PDHPEB – Thursday, Week 8, Period 4

Date Due:

8PDHPEA - Tuesday, Week 10, Period 3

8PDHPEB – Thursday, Week 10, Period 4

Total Marks: 25

Weighting: 30%

Class Teacher/s – Jake Bell-Borg, Mrs Worland

Head Teacher: T. Small

Submission Instructions – you will complete the topic test in the lesson indicated in the due date above

Task Context:

This term in class you have been learning about; factors affecting resilience, the differences between a growth and fixed mindset, protective and risk factors, and how to cope with grief.

In this assessment you will have the opportunity to demonstrate your understanding of what you have learnt during this unit of work.

Course Outcomes:

- PD4-1 examines and evaluates strategies to manage current and future challenges
- PD4-2 examines and demonstrates the role help seeking strategies and behaviours play in supporting themselves and others
- PD4-9 demonstrates self-management skills to effectively manage complex situations

Task Description:

You are required to complete an in-class topic test demonstrating your understanding of managing challenging situations. The topic test will consist of:

- 10 Multiple choice questions (10 marks)
- 5 Short answer questions (15 marks)

You will have 45 minutes in class to complete the test.

Criteria for Assessing Learning:

You will be assessed on your ability to:

- demonstrate your understanding of managing current and future challenges faced by young people

Key Verbs:

Define – State meaning and identify essential qualities.

Describe - Provide characteristics and features

Explain - Relate cause and effect; make the relationships between things evident; provide why and/or how

Identify - Recognise and name

Evaluate – make a judgement based on criteria; determine the value of